

Senior Nutrition Program				May 2021				Seniors 529-3901	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY			
3 Stuffed Green peppers Carrot & Raisin Salad Fruit Cocktail Bread w/ margarine 2% milk		4 Beef Enchiladas Refried beans Corn Fruit cup 2% milk		5 Ham & Cheese Hoagie Pickle spear Broccoli salad Jell-O Fruit Salad 2% milk		6 Honey BBQ Chicken Baked potato w/ Sour cream Spring mix veggies Banana Cream pie Dinner roll w/ margarine 2% milk Happy Mothers Day!		Senior Bus goes to Richfield every Thursday for shopping & medical appointments. Call the center if you need a ride	
10 Cook' choice		11 Hot hamburger w/ mashed potatoes Sunshine Carrots Wheat roll Frog Eye Salad Ginger snap cookie 2% milk		12 Taco Salad Chips & Salsa Peaches Carrot Cake w/ cream cheese frosting 2% milk		13 Pork Chops Rice Pilaf Mixed veggies Applesauce Dinner roll w/ margarine 2% milk		Bingo May 13 th 7 p.m. at the North Sevier Community center	
17 Chicken Strips w/ chick fil a sauce Red potato w/ parsley Peas & Carrots Mandarin orange cake 2% milk		18 Swiss Steak Au gratin potato Green Beans Tropical fruit Bread w/ Margarine 2% milk		19 Ham & Bean Soup Corn bread muffin Cheese stick Fruit Cocktail No bake cookies 2% milk		20 Cheese burger w/ trimmings Broccoli salad Chips Strawberry shortcake 2% milk		Senior Dance every 2 nd and 4 th Fridays \$3.00 per person. 1 st one is one will be on May 14 th !	
24 Sweet & Sour Chicken w/ peppers & pineapple Fried Rice Stir Fry Veggies Fruit Salad Fortune Cookies 2% milk		25 Ham Slice Yummy potatoes Beets Grape Salad Biscuit w/ margarine 2% milk		26 Roast Beef Mashed potatoes & Gravy Normandy blend veggies Hot Apple crisp Potato roll w/mar 2% milk		27 Baked Spaghetti Tossed green salad Peaches Garlic breadsticks Snicker doodle cookie 2% milk			
31 Closed - Memorial Day								SUGGESTED DONATION SENIORS 60 AND OVER \$2.50 UNDER 60 COST OF MEAL IS \$5.50	

Senior Nutrition Program
District IV
PO Box 820
Richfield, UT 84701

MENU SUBJECT TO CHANGE AND SUBSTITUTIONS

**Please make your reservation by 9:00 a.m.
on the day you plan to eat at the center.
THANK YOU!!!3/11-ehk

May Newsletter 2021
Senior Center phone #529-3901

We are open for dine in eating! Come in and socialize and enjoy your meal with us! We would love to see you!

Bingo will be on May 13th from 7-9 upstairs in the big conference room!

Our community Friday night dances are back! They will be held on the 2nd and 4th Fridays from 7to 9 starting on May 14th!

For what we know right now the information booth will open on May 30th. We are looking for volunteers for the summer! If interested please Call the center

We are still collecting egg cartons and pop tabs!



Happy Birthday to all our Seniors that is having a birthday this month!

