

Senior Nutrition Program				May 2021	Seniors 529-3901
MONDAY	TUESDAY	WEDNESDAY	THURSDAY		
3 Stuffed Green peppers Carrot & Raisin Salad Fruit Cocktail Bread w/ margarine 2% milk	4 Beef Enchiladas Refried beans Corn Fruit cup 2% milk	5 Ham & Cheese Hoagie Pickle spear Broccoli salad Jell-O Fruit Salad 2% milk	6 Honey BBQ Chicken Baked potato w/ Sour cream Spring mix veggies Banana Cream pie Dinner roll w/ margarine 2% milk Happy Mothers Day!		Senior Bus goes to Richfield every Thursday for shopping & medical appointments. Call the center if you need a ride
10 Cook' choice	11 Hot hamburger w/ mashed potatoes Sunshine Carrots Wheat roll Frog Eye Salad Ginger snap cookie 2% milk	12 Taco Salad Chips & Salsa Peaches Carrot Cake w/ cream cheese frosting 2% milk	13 Pork Chops Rice Pilaf Mixed veggies Applesauce Dinner roll w/ margarine 2% milk		Bingo May 13 <sup>th</sup> 7 p.m. at the North Sevier Community center
17 Chicken Strips w/ chick fil a sauce Red potato w/ parsley Peas & Carrots Mandarin orange cake 2% milk	18 Swiss Steak Au gratin potato Green Beans Tropical fruit Bread w/ Margarine 2% milk	19 Ham & Bean Soup Corn bread muffin Cheese stick Fruit Cocktail No bake cookies 2% milk	20 Cheese burger w/ trimmings Broccoli salad Chips Strawberry shortcake 2% milk		Senior Dance every 2 <sup>nd</sup> and 4 <sup>th</sup> Fridays \$3.00 per person. 1 <sup>st</sup> one is one will be on May 14 <sup>th</sup> !
24 Sweet & Sour Chicken w/ peppers & pineapple Fried Rice Stir Fry Veggies Fruit Salad Fortune Cookies 2% milk	25 Ham Slice Yummy potatoes Beets Grape Salad Biscuit w/ margarine 2% milk	26 Roast Beef Mashed potatoes & Gravy Normandy blend veggies Hot Apple crisp Potato roll w/mar 2% milk	27 Baked Spaghetti Tossed green salad Peaches Garlic breadsticks Snicker doodle cookie 2% milk		
31  Closed - Memorial Day					SUGGESTED DONATION SENIORS 60 AND OVER \$2.50 UNDER 60 COST OF MEAL IS \$5.50

Senior Nutrition Program  
District IV  
PO Box 820  
Richfield, UT 84701

MENU SUBJECT TO CHANGE AND SUBSTITUTIONS

\*\*Please make your reservation by 9:00 a.m.  
on the day you plan to eat at the center.  
THANK YOU!!!3/11-ehk

May Newsletter 2021  
Senior Center phone #529-3901

We are open for dine in eating! Come in and socialize and enjoy your meal with us! We would love to see you!

Bingo will be on May 13<sup>th</sup> from 7-9 upstairs in the big conference room!

Our community Friday night dances are back! They will be held on the 2<sup>nd</sup> and 4<sup>th</sup> Fridays from 7to 9 starting on May 14<sup>th</sup>!

For what we know right now the information booth will open on May 30<sup>th</sup>. We are looking for volunteers for the summer! If interested please Call the center

We are still collecting egg cartons and pop tabs!



Happy Birthday to all our Seniors that is having a birthday this month!

